

# Changing my career



You have been working, but you have realised that you have to make some changes due to your changing circumstances, or due to the environment that is changing. The following questions will help you to think about some of the aspects you need to consider as you are thinking about changing your career.

- 1 **What changes do you want to make? What do you hope to achieve by changing your career direction?**
- 2 **What do you not like about your career/ where you are working?**
- 3 **What do you like about your career/ current work environment and would like to keep?**

4 **What can you offer to prospective employers (or clients)?**

5 **How are you going to move from where you are now to where you want to be? Do you move to another role in the same organisation or within your industry, before you move to a different role in a different industry? (for example, you are an accountant in the financial sector, but you wish to change to computer programming. Can you move to being an accountant in the IT industry while you complete your further training and build a network within this industry before you get employed as a computer programmer?)**

6 **How have you planned for challenges (for example, loss of income) while you are changing your career direction?**

7 **What training do you need to complete in order to change your career direction? How long will it take you to complete this training?**

- 8 **What do you need to find out about opportunities linked to what you need? What are you curious about?**
  
- 9 **Which ways have you identified to gain practical experience in your new field before actually moving (for example, volunteering and job shadowing could help you “test” your ideas about your new role)?**
  
- 10 **How can you connect to others to help you identify opportunities (think online and offline) to help you learn about opportunities and information you need? With whom do you need to connect?**

## Next steps

I need to learn more about myself

I need to learn more about different careers

I need to learn more about enhancing my employability

## **Counselling and Career Development**

E-mail: [counselling@unisa.ac.za](mailto:counselling@unisa.ac.za)

Website: <http://www.unisa.ac.za/counselling>